



# The Power of Metaphor in Healing and Recovery

**Thurs., September 23rd, 4pm through  
Sat., September 25th, 5pm**

**Metaphor** is how we give meaning to the most important and complex aspects of our lives. Applying a metaphor is powerful because it suggests so many options and carries a lot of extra meaning. Through observation and shifting our attention, we are able to create a more usable understanding for our selves and our clients. Metaphors affect the ways in which we perceive, think and act. Reality itself is defined by metaphor.

**This personal experience** in Adventure Therapy and Equine Therapy is designed for your healing and spiritual growth and to help you in processing metaphors in your clinical practice. In this experiential process, you will:

- Explore metaphorical understanding in adventure/ equine therapy.
- Facilitate change in your clinical practice recognizing a client's symbolic representation of their issues.
- Observing how words, gestures, sighs, and other non-verbal cues provide entry to this out-of-awareness symbolic world which mediates the interface between the conscious and unconscious mind.
- Experience these processes unfold, new information becomes available, enabling you to become more clear, make new choices and change behaviors.

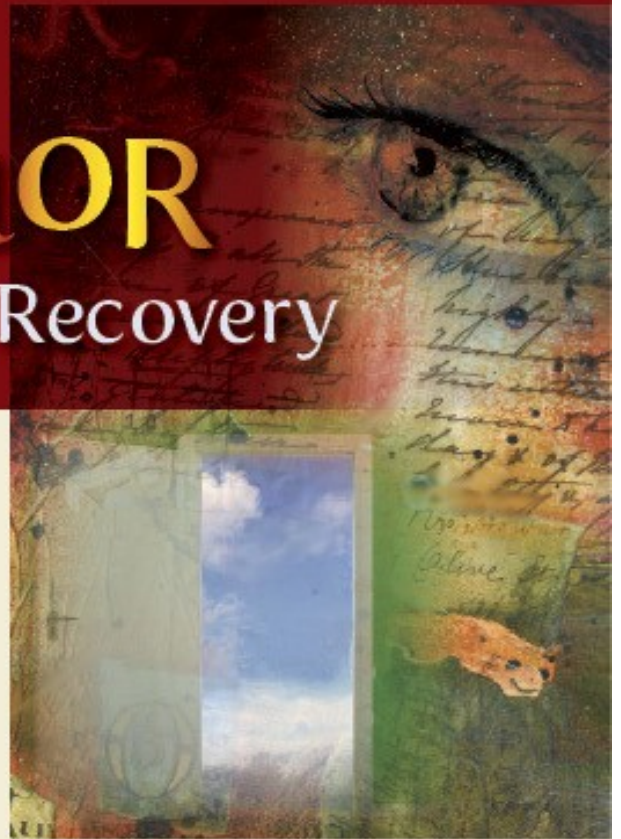
## The Presenters:

**Bobby Chapman**, MSSW, LADAC, Adventure/Challenge Course Therapist: Bobby is an experienced therapist who is a Licensed Alcohol and Drug Abuse Counselor and Certified Relapse Prevention Specialist. Bobby has provided extensive training services throughout the country for a number of years. He has been on the faculty of CENAPS Intensive School of Relapse Prevention Specialists and has been published in Addictions and Recovery Magazine as well as other recovery related publications. Bobby also specializes in Adventure Therapy techniques utilizing the Challenge Course, Ropes Course, Experiential and Metaphor Therapy as tools for enhanced recovery.

**DeDe Beasley** M.Ed. , LPC, Equine Therapist: Dede is a Licensed Professional Counselor and a Nationally Certified Horseback Riding Instructor through the Council for Horsemanship & Safety. She is among the first practitioners to be certified by the North American Handicapped Riders Association as an equine assisted psychotherapist. Dede has extensive experience with 20 years in private practice, in group, individual and couples counseling and she uses equine therapy on her farm in Ashland City, Tennessee.

**Lee McCormick** is the founder and co-owner of The Ranch Recovery Center near Nashville, Tennessee, where a holistic and spiritual approach to addiction is the focus. His many pursuits include being a certified chemical dependency counselor, author, spiritual teacher and founder of Spirit Recovery, Inc. which produces Recovery Conferences, Sacred Journeys, workshops and other recovery and personal growth experiences.

**The Ranch** offers an integrated holistic healing program designed to address the underlying causes that are the foundation of suffering for individuals dealing with addictive and compulsive behaviors.



**Space is Limited,  
Register Now!**

**\$165** if received by August 11th

**\$215** if received after August 11th

**Contact Marie at 800-849-5969**

Online: [recoveryranch.com/programs](http://recoveryranch.com/programs)

**Lodging:** Local Hotel in Dickson. Please contact Marie by August 29, 2010 for guaranteed room. After August 29th, rooms available first-come first-serve basis.

**Ground Transportation:** Complimentary transportation from Nashville airport and will transport from Hotel to Nashville airport.

**Meals:** Meals included during program. Breakfast provided by Hotel.

**15 CEU's offered**

NASW • NBCC • NAADAC APPROVED

